

**Amendments to the Claims**

This listing of claims will replace all prior versions, and listings, of claims in the application:

**Listing of Claims:**

1. (Original) A method for removing contaminating or undesired substances from a carrier material by subjecting such carrier material to a thermal treatment.
2. (Original) A method according to claim 1, wherein said thermal treatment is performed at a temperature and during a period of time sufficient to remove essentially all of the undesired substances from the carrier material.
3. (Original) A method according to claim 1, wherein said carrier material is paper, a polymer or a composite material composed of paper, polymer or a thin metal foil or polymer and a thin metal foil.
4. (Currently Amended) A method according to claim 1, wherein said carrier material has been coated with an active ingredient containing coating thus forming an active ingredient containing film, ~~the~~ this resulting active ingredient containing film has been peeled off the carrier material and the carrier material has been contaminated by substances stemming from said coating.
5. (Original) A method according to claim 4, wherein said active ingredient containing coating is an aqueous coating composition.

6. (Currently Amended) A method according to claim 4, wherein said active ingredient containing film is administered ~~used as in the form of administration of~~ drugs, confectionary, food or cosmetics.